

Handbook Of Eating Disorders And Obesity

Eating Disorders and Obesity, Third Edition Eating Disorders and Obesity Eating Disorders and Obesity Handbook of Eating Disorders and Obesity Eating Disorders and Obesity Eating Disorders and Obesity: The Challenge for Our Times Eating Disorders and Obesity The Management of Eating Disorders and Obesity Handbook of Obesity Treatment, Second Edition Obesity Psychological Responses to Eating Disorders and Obesity The Encyclopedia of Obesity and Eating Disorders Weight in America Obesity, Eating Disorders and the Media Body Image, Eating, and Weight Eating Disorders and Obesity Role of Obesity in Human Health and Disease Eating and Weight Disorders Obesity and Binge Eating Disorder Clinical Obesity in Adults and Children Kelly D. Brownell Christopher G. Fairburn Phillipa Hay Stephan Herpertz Trevor Silverstone Phillipa Hay David J. Goldstein Thomas A. Wadden Debasis Bagchi Julia Buckroyd Dana K. Cassell Barbara Wexler Karin Eli Massimo Cuzzolaro Janet Treasure Venketeshwer Rao Carlos M. Grilo Simone Munsch Peter G. Kopelman

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acclaimed for its encyclopedic coverage this is the only handbook that synthesizes current knowledge and clinical practices in the fields of both eating disorders and obesity like the prior editions the significantly revised third edition features more than 100 concise focused chapters with lists of key readings in place of extended references all aspects of eating disorders and obesity are addressed by foremost clinical researchers classification causes consequences risk factors and pathophysiology as well as prevention treatment assessment and diagnosis • new to this edition reflects 15 years of important advances in both fields including state of the art intervention approaches and a growing focus on how the brain regulates eating behavior dozens of entirely new chapters new topics epigenetics body weight and neurocognitive function stress and emotion regulation the gut microbiome

surgical devices for obesity food labeling and marketing and more expanded coverage of prevention and policy

this unique handbook presents and integrates virtually all that is currently known about eating disorders and obesity in one authoritative accessible and eminently practical volume from leading international authorities 112 concise chapters encapsulate the latest information on all pertinent topics from biological psychological and social processes associated with risk to clinical methods for assessment and intervention the contents are organized to highlight areas of overlap between lines of research that often remain disparate suggestions for further reading at the end of each chapter replace extended references and enhance the practical value and readability of the volume

eating disorders have traditionally been considered apart from public health concerns about increasing obesity it is evident that these problems are however related in important ways comorbid obesity and eating disorder is increasing at a faster rate than either obesity or eating disorders alone and one in five people with obesity also presents with an eating disorder commonly but not limited to binge eating disorder new disorders have emerged such as normal weight or atypical anorexia nervosa however research and practice too often occurs in parallel with a failure to understand the weight disorder spectrum and consequences of co morbidity that then contributes to poorer outcomes for people living with a larger size and an eating disorder urgently needed are trials that will inform more effective assessment treatment and care where body size and eating disorder symptoms are both key to the research question

this book covers the entire spectrum of eating disorders including obesity in a psychotherapy procedure independent manner and is based on the latest treatment guidelines all disorders are presented on the basis of current evidence and treatment guidelines that combine psychotherapeutic and pharmacological interventions to provide therapists with clear recommendations for treatment the 3rd edition has been completely revised to include important current topics and chapters such as the inclusion of eating disorders in icd 11 dsm 5 the role of the microbiome and the role of modern media e g ehealth in prevention and treatment in addition the editors and authors address among other topics systemic therapy as a new evidence based psychotherapy and the discussion of addiction mechanisms in eating and weight disorders and provide an outlook on the role of neurostimulation procedures to address current developments in obesity and eating disorders the book is suitable as a reference for physicians in training educators and psychologists especially colleagues from the field of psychosomatics psychiatrists and psychotherapists in research clinic and practice

most patients who develop the eating disorders are frightened of gaining weight the disordered eating can be viewed as a pathological reaction to this fear and a distorted attempt to establish control of body weight this book focuses on the place of drugs in the treatment of both sets of illnesses it addresses the science of eating behavior

eating disorders have traditionally been considered apart from public health concerns about increasing obesity it is evident that these problems are however related in important ways comorbid obesity and eating disorder is increasing at a faster rate than either obesity or eating disorders alone and one in five people with obesity also presents with an eating disorder commonly but not limited to binge eating disorder new disorders have emerged such as normal weight or atypical anorexia nervosa however research and practice too often occurs in parallel with a failure to understand the weight disorder spectrum and consequences of co morbidity that then contributes to poorer outcomes for people living with a larger size and an eating disorder urgently needed are trials that will inform more effective assessment treatment and care where body size and eating disorder symptoms are both key to the research question

it is customary to distinguish between eating disorders and disorders of body weight such as obesity eating disorders are categorized as mental illnesses while obesity is seen primarily as a physical condition however such a separation is both arbitrary and unjustified obesity arises from behaviors which are physiologically inappropriate such as consuming food when there is no metabolic need conversely eating disorders can cause profound alterations in physiology and body composition furthermore many of the drugs used in the treatment of eating disorders such as the newer atypical antipsychotics frequently cause obesity and some appetite suppressants prescribed for obesity can cause marked changes in mood and behavior most patients who develop one of the eating disorders are extremely frightened of gaining weight the disordered eating can be viewed as a pathological reaction to this fear and a distorted attempt to establish control of body weight this book focuses on the place of drugs in the treatment of both sets of illnesses it is arranged in two parts part i addresses the science of eating behavior it examines the physiology psychology and pharmacology of normal eating part ii is clinically oriented covering each of the recognized eating disorders and obesity each of its constituent chapters reviews the clinical features the epidemiology and pathophysiology of the particular disorder being covered before going on to discuss the available treatment options with particular reference to drugs the last two chapters deal with disorders of eating and body weight at the two ends of the life cycle childhood and old age

a panel of internationally recognized eating disorder experts has expanded and fully updated this widely acclaimed book to reflect recent scientific and therapeutic developments stressing human physiology treatment and disease prevention the authors take advantage of the new molecular understanding of the biological regulation of energy updated chapters review specific evidence based and future treatment modalities present an objective evaluation of the treatment and identify the positives and negatives that have been seen during clinical studies as well as cumulative data derived from clinical practice new chapters include material on the use of the internet in the education and treatment of eating disorders and obesity and on the role of appetite and satiety in obesity treatment particularly with regard to the carbohydrate diet

the leading clinical reference work in the field now significantly revised with 85 new

material this handbook has given thousands of practitioners and students a comprehensive understanding of the causes consequences and management of adult and childhood obesity in concise extensively referenced chapters from preeminent authorities the handbook presents foundational knowledge and reviews the state of the science of evidence based psychosocial and lifestyle interventions as well as pharmacological and surgical treatments it provides guidelines for conducting psychosocial and medical assessments and for developing individualized treatment plans the effects of obesity and of weight loss on physical and psychological well being are reviewed as are strategies for helping patients maintain their weight loss new to this edition many new authors and topics extensively revised and expanded with over 15 years of research and clinical advances including breakthroughs in understanding the biological regulation of appetite and body weight section on contributors to obesity with new chapters on food choices physical activity sleep and psychosocial and environmental factors chapters on novel treatments for adults acceptance and commitment therapy motivational interviewing digitally based interventions behavioral economics community based programs and nonsurgical devices chapters on novel treatments for children and adolescents school based preventive interventions pharmacological treatment and bariatric surgery chapters on the gut microbiome the emerging field of obesity medicine reimbursement for weight loss therapies and managing co occurring eating disorders and obesity

the world health organization who has declared obesity a global epidemic its prevalence has more than doubled since 1980 causing a myriad of health problems for children and adults obesity epidemiology pathophysiology and prevention second edition explores the molecular mechanisms and pathophysiology leading to obesity and metabolic disorders it examines the safety of obesity drugs and drug development strategies as well as the role of physical activity nutrition and nutraceutical supplements in obesity treatment and prevention with contributions from a cadre of internationally known experts the book covers a spectrum of essential topics related to this widespread phenomenon including the relationship between obesity and type 2 diabetes the addiction mechanism related to refined foods as a significant factor in obesity the correlation between obesity and environmental estrogens endocrine disruption cigarette smoking and inflammatory response the role of drug and chemical toxicities and genomic imprinting disorders in obesity the safety and regulation of prescription and over the counter weight loss drugs various diets the glycemic index and the role of exercise in treating or preventing obesity controversy over effective vs banned weight loss supplements childhood obesity and its prevention bariatric surgery for weight management and reversal of metabolic disorders as the public has become more aware of the deadly adverse effects of obesity numerous products and programs have targeted the overweight and obese population many with dangerous side effects it is essential that we develop strategic therapeutic intervention supported by credible data this volume is an ideal reference point for researchers looking for new avenues of inquiry and practicing medical professionals clinical nutritionists and dietitians seeking guidance for their patients

this is an edited book that brings together many of the most distinguished researchers and

clinicians in the field of food misuse the papers included are drawn from the conferences on psychological approaches to eating disorders and obesity held at the university of hertfordshire in 2005 and 2006 it presents current research while focusing on the application of this new knowledge it covers both eating disorders and obesity in one volume thus positioning obesity firmly at one end of the food misuse continuum chapters will cover subjects such as psychological and cultural aspects of food use using cbt for treating eating disorders and cbt group therapy for obesity

presents hundreds of articles on eating disorders and obesity including causes symptoms and treatment options

provides information from academic and governmental sources on every aspect of overweight obesity and eating disorders including their prevalence in the united states their consequences public opinion about them and methods of combating them

how do the media represent obesity and eating disorders how are these representations related to one another and how do the news media select which scientific findings and policy decisions to report multi disciplinary in approach obesity eating disorders and the media presents critical new perspectives on media representations of obesity and eating disorders with analyses of print online and televisual media framings exploring abjection and alarm as the common themes linking media framings of obesity and eating disorders obesity eating disorders and the media shows how the media similarly position these conditions as dangerous extremes of body size and food practice the volume then investigates how news media selectively cover and represent science and policy concerning obesity and eating disorders with close attention to the influence of pre existing framings alongside institutional and moral agendas a rich comprehensive analysis of media framings of obesity and eating disorders as embodied conditions complex disorders public health concerns and culturally significant phenomena this volume will be of interest to scholars and students across the social sciences and all those interested in understanding cultural aspects of obesity and eating disorders

this book equips readers with the knowledge required to improve diagnosis and treatment and to implement integrated prevention programs in patients with eating and weight disorders it does so by providing a comprehensive up to date review of research findings and theoretical assumptions concerning the interface and interactions between body image and such disorders as anorexia nervosa bulimia nervosa binge eating disorder other specified feeding and eating disorders orthorexia nervosa overweight and obesity after consideration of issues of definition and classification the opening part of the book examines the concept of body image from a variety of viewpoints a series of chapters are then devoted to the assessment of the multidimensional construct body image to dysmorphophobia body dysmorphic disorder and to muscle dysmorphia the third part discusses body image in people suffering from different eating disorders and or overweight or obesity and two final chapters focus on body image in the integrated prevention of eating disorders and obesity and cultural differences regarding body image the book will be

of interest to all health professionals who work in the fields of psychiatry clinical psychology eating disorders obesity body image adolescence public health and prevention

due to the high prevalence of eating disorders and obesity over the life span and the increasing comorbidity between both conditions the goal of this special issue eating disorders and obesity through the life course was to approach that situation from a broader perspective we would like to have multidisciplinary contributions approaching eating disorders and obesity as potential continuum eg anorexia nervosa and obesity as extreme dimensions looking not only to shared and differential risk factors environmental temperamental biological nutritional and neuroendocrinological between eating disorders and obesity but also to epidemiological studies exploring transition from one to the other through the life course and its impact on the treatment outcome we were expecting to have systematic reviews and empirical studies cross sectional and longitudinal manuscripts coming from all over the globe

many factors influence obesity including genetic environmental and lifestyle factors studies have shown obesity to be related to increased risk of human diseases despite efforts by health professionals to regulate obesity its prevalence has increased globally in the past few decades a better understanding of the causes of obesity and mechanisms by which obesity increases the risk of human diseases can lead to developing effective strategies that can save many lives worldwide this book addresses some important aspects of the relationship between obesity and human health chapters cover such topics as body mass index endocrine disorders obesity and endometrial cancer the role of lifestyle factors in obesity and much more

eating disorders refer to a range of problems characterized by abnormal eating behaviours and beliefs about eating weight and shape eating disorders which are classified as psychiatric problems and obesity which is classified as a general medical condition reflect a diverse and perplexing array of biological social and psychological phenomena beginning with a comprehensive overview of eating and weight disorders this volume also covers anorexia nervosa bulimia nervosa atypical eating disorders and binge eating disorders obesity including the most up to date research carlos grilo provides a balanced and authoritative overview of current thinking in the fields of eating disorders and obesity with broad yet in depth coverage of the areas this highly readable book is an indispensable resource to students and professionals in clinical psychology health psychology and psychiatry

overweight and obesity have quite recently become a major problem affecting many countries worldwide this publication gives a comprehensive overview on the current knowledge of the pathophysiological mechanisms in the regulation of hunger and satiety and

clinical obesity in adults and children a comprehensive and incisive exploration of obesity in society and the clinical setting in the newly revised fourth edition of clinical obesity in adults and children a team of expert medical practitioners deliver a comprehensive

exploration of the increasingly widespread disease of obesity the book discusses topics such as the causes of obesity the disease model of obesity the management of adult and childhood obesity and policy approaches to obesity designed to enable readers to better understand the full complexity of obesity both within society and in the clinical setting the book discusses a disease that is the leading cause of ill health around the world the editors have included contributions from leading international experts in their respective fields that address every major aspect of this often misunderstood disease readers will also benefit from the inclusion of introductions to the history and scale of the obesity problem across the world and its epidemiology and social determinants comprehensive explorations of those affected by obesity including fetal and infant origins genetic causes bias and stigma encountered by those affected by obesity and the psychobiology of obesity practical discussions of obesity as a disease including its co morbidities of dyslipidemia fertility cardiovascular consequences and obstructive sleep apnea in depth examinations of the management of obesity in adults and children including contemporary approaches to clinical and dietary management and behavioral treatments perfect for doctors and allied health professionals who regularly work with patients suffering from obesity clinical obesity in adults and children will also earn a place in the libraries of health researchers and scholars studying obesity and nutrition dieticians nutritionists and anyone else with a professional interest in an increasingly prevalent health problem

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Introduction

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